

HOW TO CRITICALLY THINK IN

3 TO 30 SECONDS



SHABAZZ THE OG

Quick Guide to Critical Thinking in 3 to 30 Seconds



In today's fast paced society, the ability to analyze, assess, and respond effectively to conflict within **3 To 30 Seconds** can be pivotal to your safety and well being. This guide prepares you with key fundamentals to accomplish this goal.

Mastering Rapid Critical Thinking: **Five Key Steps**

0-3 Seconds: Pause

Briefly stop and think to avoid an impulsive response. This important moment is what dictates everything.

1

2

3-6 Seconds: Assess

Quickly observe and identify the key aspects of what's happening. What facts are present? What's the context?

3

6-15 Seconds: Analyze

Look to assess the situation for more clarity as things are unfolding.

4

15-25 Seconds: Consider

Think of different ways you could potentially respond. What are your options?

5

25-30 Seconds: Make A Decision

Choose the best course of action based on practicing quick assessment skills.

Want to master this skill? The full "How To Critically Think In 3 To 30 Seconds" handbook delivers a much more in-depth summary using a real-life scenario, quick step-by-step techniques, and easy exercises to equip you with better decision-making.

Download the Full Handbook NOW and start Thinking Smarter, Faster!

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